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- Spread of Modern English
- Pluricentric English
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- Phonology
- Grammar
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- Writing system
- Dialects, accents, and varieties

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MEDICINE

Types of dyslipidemia in patients with reactive arthritis with gastroduodenal dysbiosis

Azdaeva K.E., Tukhtaeva N.H., Khudayberganova N.Kh.

Annotation: In reactive arthritis, a violation of the microbiocenosis of the gastrointestinal tract occurs in 90% of cases. Dysbiotic changes in the gastroduodenal zone, as they progress, worsen the clinical course of the underlying disease, contributing to an increase in the atherogenic potential of blood serum. These circumstances predetermine the need to improve approaches to the correction of metabolic disorders in patients with reactive arthritis.

Key words: Reactive arthritis, dyslipidemia, microbiocenosis.

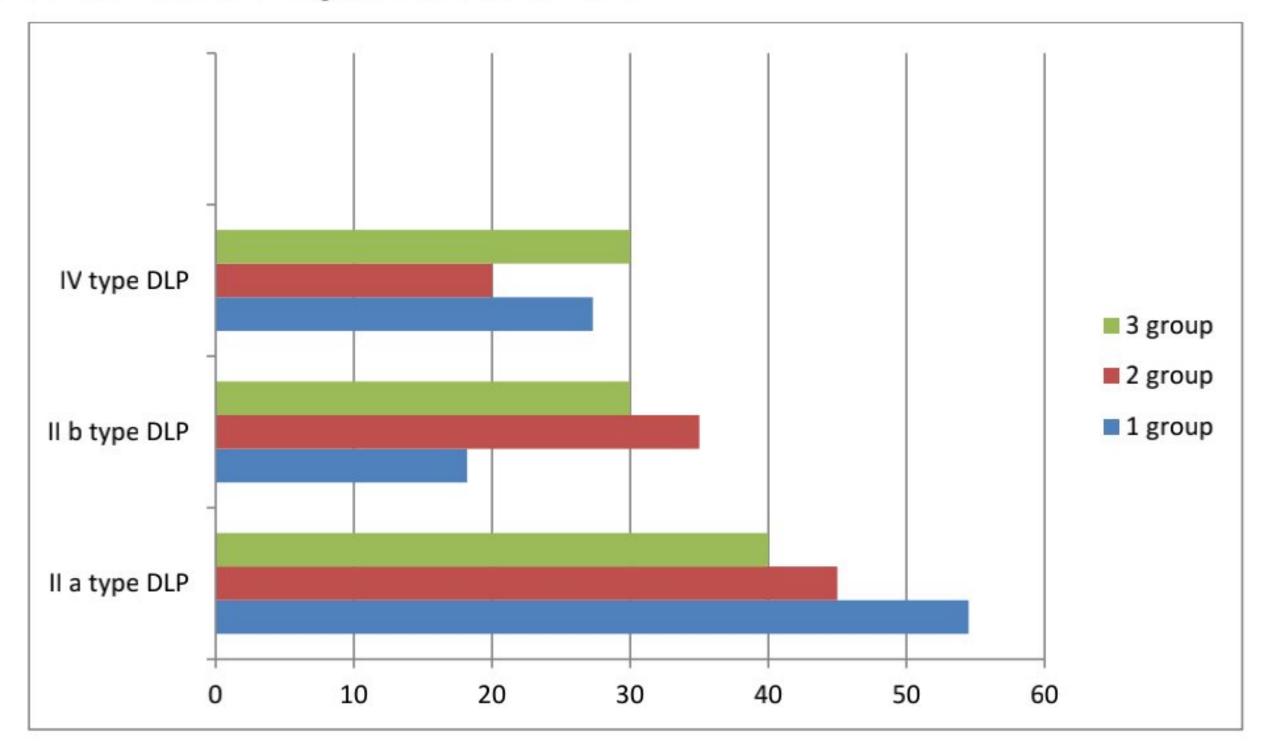
The purpose of the study: to study lipid metabolism in patients with reactive arthritis with impaired microbiocenosis of the gastroduodenal zone.

Materials and methods: 50 patients with reactive arthritis with impaired microbiocenosis of the gastroduodenal zone and disorders of lipid metabolism were taken for the study. Microbiological studies of gastric biopsy material were carried out and the main indicators of lipid metabolism and types of their disorders were determined.

Results. Depending on the type of therapy received, two study groups and one comparison group were formed. Group 1 of the study included 20 patients who underwent complex treatment, including a standard treatment regimen for reactive arthritis and a probiotic. Group 2 of the study included 16 patients receiving a standard treatment regimen with the addition of simvastatin. The third group (control) consisted of 14 patients who underwent a standard treatment regimen for reactive arthritis. In 50 examined patients with DLP, the following types of lipid metabolism disorders were identified: in group 1, type IIa DLP was determined in 54.5%, type IIb in 21 8.2%, and type IV DLP in 27.3%. In patients of the 2nd group, type IIa DLP was detected in 45% of cases, type IIb DLP in 35%, and type IV DLP in 20% of cases. In group 3, patients with type IIa DLP also predominated (40%),

30% had type IIb DLP, and 30% had type IV DLP. The nature of the identified DLP in patients is presented in the table.

Indicators of lipid metabolism in patients with reactive arthritis with impaired microbiocenosis of the gastroduodenal zone.



Conclusions: thus, on the basis of the study, the following conclusion can be drawn: IIa type DLP was more common in the first and second groups, and type IV DLP was equally common in all three groups of the study, which does not differ from the data of earlier studies and is confirmed by literature data.

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