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SECTION 21. MEDICAL SCIENCES AND PUBLIC HEALTH

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ANALYSIS OF THE EFFECTIVENESS OF THE TREATMENT OF CHRONIC RHINOSINUSITIS AGAINST THE BACKGROUND OF ALLERGIES

Introduction. Allergic rhinosinusitis (AR) and bronchial asthma (BA) are the main clinical symptoms of respiratory allergies. Many researchers believe that the incidence of chronic rhinosinusitis (CRS) has increased worldwide in recent years. Chronic rhinosinusitis (CRS) is a chronic inflammation of the mucous membrane of the nasal cavity and paranasal sinuses (PNS), affecting 12.5% of the world's population. The relationship between allergy and polyposis rhinosinusitis is the subject of numerous scientific studies. The commonality of the inflammatory mechanisms and the common genetic background make it possible to consider BA and AR as a single disease of the respiratory tract (one way, one disease, allergic rhinobronchitis).

The aim of the study Study of the quantitative and qualitative composition of the microflora of the nasal mucosa in different endotypes of chronic rhinosinusitis against the background of allergies.

Material and methods of research. 120 patients with chronic rhinosinusitis (CRS) aged 18 to 65 years were examined. The control group included 36 people of the same sex and age.

Results of the study and their discussion.

Today, anti-inflammatory therapy is considered the main direction of modern pharmacotherapy of rhinological pathology. Of the available drugs, intranasal glucocorticosteroids (InGCS) have the strongest anti-inflammatory effect. Intranasal corticosteroids, with their recognized anti-inflammatory properties, have been shown to be highly effective in reducing mucosal edema, restoring drainage, and thereby eliminating pathogens. We evaluated the efficacy of fluticasone furoate - Fronza (FF) 110 mcg once daily as a nasal spray in the treatment of various forms of chronic rhinosinusitis.

Conclusions. The results of the study showed that patients treated with the drug Fronza had a reliable and significant effect of the treatment, which began from the first days of pharmacotherapy and increased at the end of the study. InGCS therapy led to a significant decrease in the severity of nasal symptoms such as nasal itching and rhinorrhea and the summary index from the first administration of the study drugs until the end of the treatment of patients with chronic rhinosinusitis.

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