



giz
Deutsche Gesellschaft
für Internationale
Zusammenarbeit (GIZ) GmbH



АКТУАЛЬНЫЕ ВОПРОСЫ СОВРЕМЕННОЙ МЕДИЦИНЫ

МЕЖДУНАРОДНАЯ КОНФЕРЕНЦИЯ МОЛОДЫХ УЧЕНЫХ

ZAMONAVIY TIBBIYOTNING DOLZARB MUAMMOLARI

YOSH OLIMLAR XALQARO ANJUMANI

ACTUAL PROBLEMS OF MODERN MEDICINE

INTERNATIONAL CONFERENCE OF YOUNG SCIENTISTS



ACTUAL PROBLEMS
OF MODERN MEDICINE

14 апрель 2023 года,
г.Ташкент

EDITORIAL BOARD

Editor in chief

Rector of TMA prof. A.K. Shadmanov

Deputy Chief Editor

associate prof. Z.A.Muminova

Responsible secretary

associate prof. D.G'.Abdullaeva

EDITORIAL TEAM

ass. Sh.K.Muftaydinova

associate prof. I.R.Urazaliyeva

prof. D.A. Nabieva

prof. U.S. Xasanov

prof. F.I.Salomova

associate prof. M.I.Bazarbayev

associate prof. A.A.Usmanxodjayeva

associate prof. O.N.Visogortseva

ass. D.I. Sayfullayeva

ass. M.R.Mirsagatova

TECHNICAL SUPPORT TEAM

D.R.Abdaukhatorna

J.D.Kamilov

M.M.Kiyomova

A.N.Yuldashev

Kx.Sh.Rakhimova

РЕДАКЦИОННАЯ КОЛЛЕГИЯ

Главный редактор

Ректор ТМА проф. А.К. Шадманов

Заместитель главного редактора

доц. З.А.Муминова

Ответственный секретарь

доц. Д.Г.Абдуллаева

ЧЛЕНЫ РЕДАКЦИОННОЙ КОЛЛЕГИ

асс. Ш.К.Муфтайдинова

доц. И.Р.Уразалиева

проф. Д.А.Набиева

проф. У.С.Хасанов

проф. Ф.И.Саломова

доц. М.И.Базарбаев

доц. А.А.Усманходжаева

доц. О.Н.Высогорцева

асс. Д.И.Сайфуллаева

асс. М.Р.Мирсагатова

ЧЛЕНЫ ТЕХНИЧЕСКОЙ ПОДДЕРЖКИ

Д.Р.Абдухатонва

Ж.Д.Камилов

М.М.Киёмова

А.Н.Юлдашев

Х.Ш.Рахимова

Materials and methods: Bile from all the patients was bacteriologically studied. The implication of various antibiotics in limiting perivesical fat inflammation was determined.

Results: The importance of decompressive treatments for complicated calculous cholecystitis has been ascertained. The advantages of microcholecystostomy have been revealed. There is evidence that it is expedient to use third-fourth-generation cephalosporins, fluoroquinolones, and dioxidine in the combined treatment of destructive calculous cholecystitis complicated by an infiltrate.

Conclusions: Cephalosporins of the III—IV generation and fluoroquinolones should be considered the antibiotics of choice in the treatment of patients with ACC complicated by CPI. A mandatory stage of treatment should be microcholecystostomy. Cholecystectomy should be performed no earlier than 2 weeks after the start of treatment.

PAST VA O`RTA-1 XAVFLI MIYELODISPLASTIK SINDROM BEMORLARIDA GEMOTRANSFUZIYADAN KEYINGI GEMOSIDEROZNING DIAGNOSTIKASI VA DAVOLASH

Berdiyeva X.X.

Toshkent tibbiyat akademiyasi

Kirish qismi. Miyelodisplastik sindrom (MDS) – bu birinchi navbatda periferik qonda sitopeniya bilan tavsiflanadigan kasallik. MDSda 1,2 va ba'zan uchala qator hujayralar sitopeniyasi kuzatilishi mumkin. Bemorlarning 80-85%ida anemik sindrom kuzatiladi, ularning ko`p qismini katta yoshli bemorlar tashkil etadi. Anemiya o`z navbatida transfuziyaga qaramlikni keltirib chiqaradi. Eritrotsitar massa quyish uzoq muddat davom etganda, qon zardobidagi temir va ferritin miqdori oshishi to`qima va organlar gemosideroziga olib keladi. Buning asosida temir metabolizmi buzilishi yotadi. Inson tanasida qon hujayralari uchta generaldan iborat: qizil qon tanachalari, oq qon tanachalari va trombotsitlar. Ushbu hujayralar suyak iligida ishlab chiqariladi, miyelodisplastik sindrom yoki MDS atamasi shunga o`xshash qon hujayralari tanazzuliga ishora qiladi. Ushbu kasallik ikkita umumiy xususiyatga ega: birinchi navbatda, suyak iligi qon aylanish tizimiga etarlicha oddiy qon hujayralarini taqdim eta olmaydi, ikkinchidan, MDSning barcha subtiplarida yallig`lanadigan qon hujayralari yomon shakllanadi. Ushbu hujayralarning g`ayritabiyy ko`rinishi mikroskop ostida qon yoki suyak iligi namunasini ko`rib chiqilganda namoyon bo'ladi. Kasallik odatda 60 yoshdan yuqori aholida kuzatiladi, ammo bolalarda ham qayd etilgan holatlar mavjud. Ayrim hollarda, MDS kasalliklarining suyak iligi o`zgarishlari oq qon hujayralari saratonini keltirib chiqaradigan aktiv miyeloid leykozga olib kelishi mumkin.

Maqsad: Miyelodisplastik sindromli bemorlarda gemosiderozni erta aniqlash orqali asoratlarini oldini olish.

Material va metodlar: RIGIATM (Respublika ixtisoslashtirilgan hematologiya ilmiy-amaliy tibbiyat markazi) da davolanayotgan 40 nafar bemorda bir yil davomida tekshirish olib borildi. Tekshirish usullari: gemogramma, qon biokimyoiy tahlili, mielogramma.

Xulosa: Natijalar shuni ko`satadiki, qon quyishlar soni va xelatorli terapiya gemosiderozni oldini olishda muhim hisoblanib, bemorlarning umr ko`rish davomiyligiga to`g`ri proporsionaldir.

XAVOTIRLI-FOBIK BUZILISHLARDA ERIKSON GIPNOZI VA PSIXOFARMAKOTERAPIYANING SAMARADORLIGINI O`ZARO TAQQOSLASH

Ergashev A.D., Maxamatjanova N.M.

Toshkent tibbiyat akademiyasi

Mavzuning dolzarbliji. Xavotirli-fobik buzilishlar – hozirgi vaqtida asab-ruhiy buzilishlar ichida eng ko`p uchraydigan kasalliklardan biri hisoblanadi. JSST ma`lumotlariga ko`ra dunyo

<i>Baykulov A.K. MIOKARD INFARKTIDA ORGANIZMDAGI LIPID PEROKSIDATSİYASINING INTENSİVLİĞİ</i>	121
<i>Baxronova Y.B. COMPARATIVE EVALUATION OF THE EFFECTIVENESS OF SPIRONOLACTONE AND EPLERENONE IN PATIENTS WITH CHRONIC HEART FAILURE</i>	122
<i>Bektemirova Z.O. ANTIBIOTIC THERAPY FOR ACUTE INFILTRATE-COMPLICATED CALCULOUS CHOLECYSTITIS</i>	123
<i>Berdiyeva X.X. PAST VA O`RTA-1 XAVFLI MIYELODISPLASTİK SİNDROM BEMORLARIDA GEMOTRANSFUZİYADAN KEYİNGİ GEMOSİDEROZNİNG DIAGNOSTİKASI VA DAVOLASH</i>	124
<i>Ergashev A.D., Maxamatjanova N.M. XAVOTIRLI-FOBIK BUZİLİŞLARDA ERIKSON GİPNOZİ VA PSİXFARMAKOTERAPİYANING SAMARADORLIGINI O'ZARO TAQQOSLASH</i>	124
<i>Fayziyev S.I., Radjapov M.I., Tursunboyev M.O. TURLI ETİOLOGİYALI GEMOBİLİYANING SAMARALI DIAGNOSTİKASI VA DAVOLASHGA ZAMONAVİY YONDASHUV</i>	125
<i>Karakhonova S.A., Murodov G.H., Ernayeva G.H. THE SIGNIFICANCE OF THE APPLICATION OF PSYCHO-CORRECTION METHODS IN THE TREATMENT OF ANXIETY-PHOBIC SYNDROME</i>	127
<i>Kitayeva.N.X., Ergashev.A.U. XOBLNİNG OLDINI OLISH VA DAVOLASHDA DORIVOR O'SIMLIKLARDAN FOYDALANISH SAMARADORLIGI</i>	127
<i>Kholzhigitova M.B., Kormishov T.M. COMORBID BACKGROUND IN COPD PATIENTS DEPENDING ON THE DEGREE OF RISK OF OBSTRUCTIVE SLEEP APNEA SYNDROME</i>	128
<i>Matyusupova S.G., Ganieva N.A., Aripova N.A. RISK FACTORS FOR CARDIOVASCULAR DISEASES IN PATIENTS WITH SYSTEMIC SCLERODERMA</i>	129
<i>Mingbayeva S.T., Ibroximova L.I. MORPHOLOGICAL FEATURES OF STONE-RIB STRUCTURES UNDER THE INFLUENCE OF EXPERIMENTAL DIABETES IN POSTNATAL ONTOGENESIS</i>	130
<i>Muratova S.K., Teshayev Sh. A NEW APPROACH TO THE TREATMENT OF INFLAMMATORY PARODONTAL DISEASES IN POST-COVID-19</i>	131
<i>E.R. Mukhutdinov, Sharipova P.A. ATHLETES' OVERTRAINING SYNDROME AS A FACTOR OF PATHOGENETIC CHANGES IN THE ORAL CAVITY</i>	132
<i>Nizomov N.A., Giyasov.A.B., Azizova R.B., Kalandarova.S.X. GUILLAIN-BARRE SİNDROMI VA UNI TASHXİSLAŞHGA ZAMONAVİY YONDASHUV</i>	133
<i>Orolov O.H Eshqobilov T.J. SURUNKALI YURAK İSHEMIK KASALLIGIDAN TO'SATDAN O'LIM HOLATLARI TAHЛИI</i>	134
<i>Rasulova M.A. NEUROIMMUNOLOGY IN COVID-19 ASSOCIATED ISCHEMIC STROKE</i>	134
<i>Shagazatova B.X, Vosiqova K.A, Mirhaydarova F.S., Abdumannonova N.Z. DIABETİK AVTONOM NEYROPATİYANING KARDİOVASKÜLYAR SHAKLINI DAVOLASHNI TAKOMILLASHTIRISH</i>	135
<i>Shamirzaeva KH.B., Matveeva A.A. FEATURES OF COPING STRATEGIES AS A FACTOR IN OVERCOMING THE EMOTIONAL BURNOUT OF MEDICAL STUDENTS</i>	136
<i>Soliyev Z.S., Xidoyatova M.R., Muxammadieva S.M. TAKAYASU KASALLIGIDA ARTERİAL GİPERTENZİYA SİNDROMI KLINIK HOLAT</i>	137
<i>Teshayev Sh., Muratova S.K. ASSESSMENT OF FUNCTIONAL CHANGES OF ORAL MUCOSA CAUSED BY DISORDER OF CEREBRAL BLOOD CIRCULATION</i>	138
<i>Tolibov D.S., Qarshiboyeva N.I. ETIOLOGİCAL SUBTYPES OF ISCHEMIC STROKE IN YOUNG PEOPLE</i>	139
<i>To'laboyev S.O., Davlatov J.D. ALLERGIK RINIT BİLAN KASALLANGAN BEMORLARDA SEKRETOR İGA MIQDORINI BAHOLASH</i>	139
<i>Vosiqova K.A, Shagazatova B.X, Mirhaydarova F.S., Abdumannonova N.Z DIABETİK AVTONOM NEYROPATİYANING KARDİOVASKÜLYAR SHAKLINI DAVOLASHNI TAKOMILLASHTIRISH</i>	140
<i>Vosiqova K.A., Tolipova N.Sh., Tursunova Z.A. TİBBİYOT TALABALARI ORASIDA STİGMATİZATSIYA DARAJASINI BAHOLASH</i>	141