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«Yosh olimlar tibbiyot jurnali» jurnali O'zbekiston Respublikasi Oliy ta'lim, fan va innovatsiyalar vazirligi huzuridagi Oliy attestatsiya komissiyasi Rayosatining 2023 yil 5 maydagi 337/6-son karori bilan tibbiyot fanlari buyicha dissertatsiyalar asosiy ilmiy natijalarini chop etish tavsiya etilgan milliy ilmiy nashrlar ruyxatiga kiritilgan.

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**НАУЧНЫЕ ОБЗОРЫ**

- Асадова Г.А.** / Диагностические и лечебные мероприятия перинатальной службы в Узбекистане ..... 101
- Джалилова Г.А., Асадов Р.Х., Саттарова З.Р.** / Организационные аспекты гемодиализной помощи населению в Узбекистане ..... 109
- Джалилова Г.А., Мирдадаева Д.Д., Одилова М.А.** / Охрана материнства и детства в Республике Узбекистан..... 114
- Mustafaqulova K.I., Jumanazarov S.B.** / Yurak ishemik kasalligi stabil zo‘riqish stenokardiyasida refleksoterapiyaning qo‘llanilishi..... 118
- Исломжонова М.М., Саидмуродов К.С., Исмаилов Д.Ш., Садриддинова М.С., Рахматова Ф.У.** / Функциональное состояние сердечно-сосудистой системы юных спортсменов и подростков, не занимающихся активными видами спорта, с разным уровнем физической подготовленности..... 123
- Юсупова Ш.А., Камилова Б.М., Пинязов А.Х.** / Эффективность применения лазера Q-SWITCH при удалении Невуса Ота..... 130
- Курбанбаева С., Мустанов А.Ю., Матназарова Г.С., Брянцева Е.В.** / Динамика заболеваемости менингококковой инфекцией ..... 135
- Rishabh, Mirkhamidova S.M.** / The impact of different types of addiction on human health ..... 141
- Deepanshu Tanwar, Mirkhamidova S.M.** / Problems and challenges faced by hostel students ..... 146
- Himanshu Tanwar, Mirkhamidova S.M.** / The impact of smoking on students’ life..... 150
- Chirag, Mirkhamidova S.M.** / The impact of social media on student health ..... 155
- Himanshu Dahiya, Mirkhamidova S.M.** / The impact of alcohol on student health ..... 160

## PROBLEMS AND CHALLENGES FACED BY HOSTEL STUDENTS

**Deepanshu Tanwar** - 2- course student of Medical faculty  
**Mirkhamidova Sevara Mirmakhmudovna** - Scientific adviser, assistant  
*Tashkent medical academy. Tashkent, Uzbekistan*

**Abstract.** *This study aims to decide the problems faced by pre-adulthood in adjusting with hostel life. There are four factors which impact this issue, to be specific: gender, social economic status, guardians' dimension of instruction and furthermore the quantity of kin who further study at more elevated amount foundations. This qualitative study employed grounded hypothesis to investigate the impacts of hostel life on the behavior, and personality of the understudies. Sample comprised ten hostel understudies, five male and five female hostel understudies, and age range was twenty to twenty-five. Open finished survey was constructed for top to bottom meetings. Grounded hypothesis was utilized to conceptualize the discoveries. Results uncovered that hostels have extraordinary significance in the educational voyage of Pakistani understudies. Hostel life expands the social hover of the hostel understudies, since hostel is a combination of multicultural social gathering.*

**Keywords.** *Problems, Hostel, Qualitative, Sampled, Conceptualize, Combination*

## ПРОБЛЕМЫ И ЗАДАЧИ, С КОТОРЫМИ СТАЛКИВАЮТСЯ СТУДЕНТЫ В ОБЩЕЖИТИИ

**Deepanshu Tanwar** - Студент 2-го курса лечебного факультета  
**Мирхамидова Севара Мирмахмудовна** - Научный руководитель, ассистент  
*Ташкентская медицинская академия. Ташкент, Узбекистан*

**Аннотация.** *Это исследование направлено на решение проблем, с которыми сталкиваются подростки при адаптации к жизни в общежитии. Есть четыре фактора, влияющих на этот вопрос, а именно: пол, социально-экономический статус, уровень обучения опекунов и, кроме того, количество родственников, которые учатся в более высоких учебных заведениях. В этом качественном исследовании использовалась обоснованная гипотеза для изучения влияния жизни в общежитии на поведение и личность дублеров. Выборка состояла из десяти дублеров общежития, пяти мужчин и пяти дублеров общежития в возрасте от двадцати до двадцати пяти лет. Открытый законченный опрос был построен для встреч сверху вниз. Обоснованная гипотеза использовалась для концептуализации открытий. Результаты показали, что общежития имеют исключительное значение в образовательном путешествии пакистанских студентов. Жизнь в общежитии расширяет круг общения дублеров общежития, поскольку общежитие представляет собой сочетание мультикультурного общения.*

**Ключевые слова.** *Проблемы, Хостел, Качественный, Выборка, Концептуализация, Комбинация.*

## TALABALAR TURAR JOYIDA TALABAR DUCH KELADIGAN MUAMMO VA VAZIFALAR

**Deepanshu Tanwar** - Davolash fakulteti 2-bosqich talabasi  
**Mirxamidova Sevara Mirmaxmudovna** - Ilmiy rahbar, assistenti  
*Toshkent tibbiyot akademiyasi. Toshkent, O'zbekiston.*

**Annotatsiya.** *Ushbu tadqiqot yotoqxonada hayotiga moslashgunga qadar duch keladigan muammolarni hal qilishga qaratilgan. Bu masalaga aniq ta'sir ko'rsatadigan to'rta omil mavjud: jins, ijtimoiy iqtisodiy maqom, vasiylarning ta'lim darajasi va bundan tashqari, ko'proq jamg'armalarda o'qiydigan qarindoshlar soni. Ushbu sifatli tadqiqot yotoqxonada hayotining o'quvchilarning xulq-atvori va shaxsiyatiga ta'sirini o'rganish uchun asosli gipotezadan foydalangan. Namuna yotoqxonada o'qiydigan o'n nafar, besh nafar erkak va besh nafar ayol yotoqxonada tahsil olayotgan talabalardan iborat bo'lib, ularning yoshi yigirma dan yigirma beshgacha edi. Yuqoridan pastgacha bo'lgan uchrashuvlar uchun ochiq so'rovnoma tuzildi. Kashfiyotlarni kontseptsiyalash uchun asosli gipotezadan foydalanilgan. Natijalar shuni ko'rsatdiki, yotoqxonalar Pokistonlik o'quvchilarning ta'lim sayohatida favqulodda ahamiyatga ega. Yotoqxonada hayoti yotoqxonada o'quvchilarning ijtimoiy hoverini kengaytiradi, chunki yotoqxonada ko'p madaniyatli ijtimoiy yig'ilishlarning kombinatsiyasidir.*

**Kalit so'zlar.** *Muammolar, yotoqxonada, sifatli, namunali, kontseptsiya, kombinatsiya*

**Introduction.** The hostel is generally utilized for the living arrangement of understudies and explorers in a few nations, yet particularly in our nation, the hostel residential understudies of the colleges and the superintendent and the other staff who are dealt with the hostels. Several understudies comprise in the hostel. A gathering of understudies makes every one of them [1,2,8]. These understudies originated from the diverse nations, regions, regions and urban communities. At the point when Pakistan ends up immature nation, a little amount is kept for the instruction office in spending plan; further training backings effectively to get to in creating and gigantic most urban communities of our nation. Most likely, the understudy needs keep essential for the hostels in the further examinations. In our nation, the hostel contributes a primary function in the scholastic perfection of understudies [3,4,6]. Hostel are supporting to Residential assets for the understudies to maintain the advancement of studies. Understudies living in hostels face a ton of problems and obstacle, for example, some economic emergencies, alteration issues, private issues and stress from family, changes in sustenance quality and resting propensity and numerous other distinctive problems. Studies elude that understanding the self-centeredness behavior, affecting quality appeared in hostel understudy. The Hostel environment gives partner degree opportunity to the best behavior in among understudies [1,7]. Amid living in hostel understudy share their private problems and issues one another and take in innovative considerations from their hostel mates. Hostel life rouses the understudies in about various perspectives and discern-

ment about truth. Hostel life makes understudy a ton of ambition; those understudies who live in the hostels are more autonomous and have more certain than others. In hostel understudies take in daring and soul from the other understudy and may be bolster understudy to confront proficient life all the more successfully.

**Literature review.** Omar (2009) found that understudies who enter all-inclusive schools additionally experience a few problems particularly adapting with the new learning and teaching framework which includes the changing process from elementary educational system to optional school's which causes the understudies particularly the Form one understudies to feel difficult in adapting to the new condition. This inability to adjust to their new environment, if not contemplated and cured, will cause negative behavior among them and may make their academic execution fall apart.

Safura and Supriyantini (2006) found a positive relationship among understudies who are 13 years old and self-adaptation process toward academic execution where the higher the dimension of self-adaptation the better they are academically. Subsequently, this issue must be looked into to ensure that positive info can be delivered to ensure that understudies will most likely adjust with hostel life and therefore ready to accomplish extraordinary academic execution. Personality is the combinations of numerous traits which are reliable and enduring. Personality is the thing that an individual is. The interaction with others is the expression of the one's personality. Thinking and carrying on is the components of personality, thinking is connected with the feelings. Accordingly,

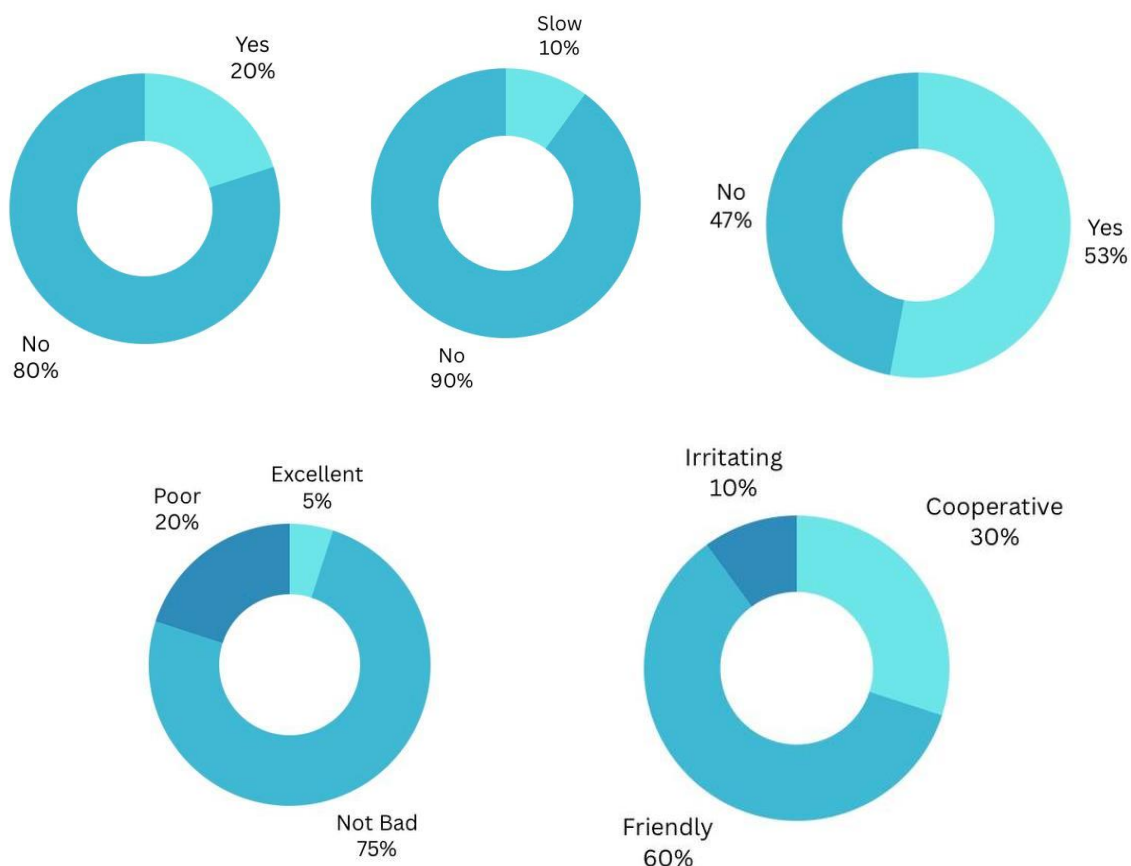
person's discernment and thinking are identified with the thinking process. Beneficial experiences additionally influence the individual mindsets and carrying on Patiently (2012).

Personality is the attributes those are constant in various circumstance. Personality is the expression of person's being. Beneficial experiences are appeared by the behaviors of people. Behaviors shift from individual to individual and furthermore changed by the encompassing condition (Raju et al., 2009).

**Material.** Semi-organized meeting was utilized for information accumulation. Meeting protocol was set up for semi-organized meetings. The semi-organized meetings are the information gathering source in numerous qualitative researches considers. In this procedure vis-à-vis conversation has accomplished for gathering relevant data. Generally open finished inquiries are utilized. Like other meeting it is additionally pre intended to some extent questions are set up in proceeding further inquiries.

**Procedure.** A pilot study was done on twenty hostel understudies to distinguish the significant inquiries for the semi-organized

meeting. A poll was constructed it contained thirty-three open finished inquiries these inquiries were intended to investigate the hostel educational experiences and effect of hostel life on understudies' behaviors. Illuminate assent for sound chronicle was taken before beginning the meetings from every one of the respondents. Ten inside and out semi-organized meetings of the hostel understudies were conducted. Interviewees were encouraged to express their experience of hostel existence with utilization of elaborative precedents. The length of every one of these meetings was 40 to 50 minutes. Each meeting was tape recorded, and afterward each meeting was transcribed into composed structure with the end goal of analysis. The information analysis was begun with the perusing of the composed transcript meets a few times; notice composing was accomplished for a portrayal of the meetings. For information analysis grounded theory was utilized. Grounded theory broke down information deliberately, this is an inductive methodology. It gives chance to gather information, and afterward generate and discover a theory.



### Conclusion.

Experiences, behavioral changes, and personality attributes of the hostel understudies. It likewise contemplates the gender contrasts among the roommates. Results demonstrate that male hostel un the study explored the impact of hostel life on hostel understudies. It featured the studies are increasingly inclined to influence negatively amid hostel remain as the majority of them enjoy drug compulsion. Female hostel understudies alter in hostel more effectively than male understudies. Positive behavioral changes included character building and getting ready understudies for future practical life. The negative behavioral adaptations included understudies end up sluggish, show reckless frame of mind toward studies, wasting time with companions, smoking and drug dependence in male understudies. Personality qualities related with hostel understudies are in that capacity they viewed as reasonable, punctual, taught, free, bargaining, and efficient.

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