



TOSHKENT TIBBIYOT AKADEMIYASIGA 100 YIL



**TOSHKENT TIBBIYOT
AKADEMIYASIGA 100
YIL**

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Сборник материалов научно-практической конференции с международным
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билан касалланган беморларга эрта ташхис кўйиш ва оптимал даво чораларини кўриш касалликни оғир асоратларини олдини олишга имкон беради.

EXPERIENCE OF USING UPERIO IN PATIENTS WITH CHRONIC HEART FAILURE

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Purpose of the work: to study the effect of the drug Uperio on the clinical condition of patients with chronic heart failure (CHF).

Methods: We examined 30 patients with coronary heart disease, angina pectoris FC III, the course of which was complicated development of CHF II-III Art. FC III (NYHA). In 19 patients in history large-focal myocardial infarction was detected, in 5 patients - left ventricular aneurysm, in 25 - arterial hypertension, in 11 - a permanent form of atrial fibrillation. The disease proceeded against the background of diabetes mellitus in 8 patients. Average age of patients was $60,4 \pm 1,7$ years. All patients received for 2 months the drug Uperio 50 mg (valsartan 25,7 mg + sacubitril 24,3 mg) against the background of conventional CHF therapy, including ACE inhibitors, beta-blockers, diuretics and cardiac glycosides. Initially and after 2 months treatment with Uperio, all patients underwent a general clinical examination, ECG registration, Echocardiography, 6-minute walk test, assessment of quality of life and clinical condition.

Results. Initially, the left ventricular ejection fraction was $27,5 \pm 1,1\%$ (19-35%); 6 minute walk distance $281,8 \pm 20,5$ meters. After 2 months treatment with Uperio 50 mg against the background of conventional CHF therapy, the left ventricular ejection fraction increased statistically significantly to $31,9 \pm 1,7\%$ ($p=0,0279$), and in most patients (20) an increase in ejection fraction was noted (from 1 to 22%), one patient had no change in ejection fraction, and in 7 patients the ejection fraction decreased (from 3 to 15%). The results of the 6-minute walk test have changed accordingly after 6 months: the distance of a 6-minute walk was $324,6 \pm 22,0$ meters ($p=0,0279$), and in most patients (25 people) the distance increased by 10-190 meters, and in 3 patients it decreased (from 20 to 100 meters).

Conclusions. Thus, the addition of Uperio to the standard therapy for CHF leads to a statistically significant improvement in the global contractility of the left ventricle and to a decrease in the functional class of chronic heart failure.

O‘TKIR ISHEMIK INSULT BILAN KASALLANGAN BEMORLARDA “KALGEN” PREPARATINI DAVOLASH JADALLIGIGA TA’SIRINI O’RGANISH

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Dolzarbli: Hozirgi paytda o‘tkir ishemik insult bilan kasallangan bemorlar soni ko‘payib bormoqda. Ushbu kasallik o‘limga olib keluvchi sabablar orasida butun dunyo bo‘yicha ikkinchi o‘rinda bo‘lib, nogironlikka olib keluvchi asosiy sababchilaridan biri xisoblanadi. Dunyoning turli mintaqalarida uchrash tezligi har 1000ta bemorda 1-4ta. Rossiyada har yili 400 000 dan ortiq insult ro‘yhatga olinadi. Bularning 70-85%i ishemik insultga to‘g‘ri keladi.

Tadqiqot maqsadi: O‘tkir ishemik insult bilan kasallangan bemorlarni davolashda patogenetik davo sifatida “Kalgen” preparatini qo‘llash, ishemik insultdan keyin nevrologik asoratlarni kamayishini baholash.

Material va uslublar: 24 nafar o‘tkir ishemik insult bilan kasallangan bemorlarni tanlab olindi. Bemorlar ikki guruhga bo‘lindi. 1-guruh bemorlarni davolashda “Kalgen” preparatini qo‘llandi. 2-guruh bemorlariga an’anaviy davo qo‘llanildi.

R.Sh.T.Y.I.M. Xorazm filialida ishemik insult bilan kasallangan 24 nafar bemor tibbiy ko‘rikdan o‘tkazildi, ulardan 12 nafari ayollar, 12 nafari erkaklar. Bemorlarning o‘rtacha yoshi 50 dan 95 yoshgacha. Ushbu guruhdagi barcha bemorlar umumiy somatik tekshiruvdan o‘tkazildi, miyaning kompyuter tomografiyasi (KT), klinik va nevrologik tekshiruv, umumiy qon tahlili, protrombin indeksini (PTI), qon ivish vaqtini (QIV) aniqlash. Klinik va nevrologik tekshiruvlar

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